



"I'm happy because I'm doing things I love."

Katie

give us a call

Come and have a chat with us to discuss your needs. We'll talk with you about what is possible. Once you are ready to join us, we will make it easy for you to get on board. We'll walk you through the application process, step by step. Any questions? We're here to help.



first contact

Give us a call, let's arrange a meeting.



let's get together

Discuss your needs and what Inclusion Melbourne can do for you.



choose your path

Choose between our Discovery Program or Personalised Support options.



walk you through the paperwork

We'll help you through the application process.



step into your new life



80B Harvester Road, Sunshine, VIC 3020
67 Sutherland Road, Armadale, VIC 3143
T. 03 9509 4266

E. includeme@inclusion.melbourne | W. inclusion.melbourne

Inclusion Melbourne Inc. | InclusionMelb



welcome

As you can see, at Inclusion Melbourne we do things differently.

For one thing, we put you first. We value your unique strengths and qualities and appreciate your potential to contribute to your community. That's why we focus on working together with you to understand your unique gifts.

Secondly, we are completely committed to helping you achieve your life's goals. *Living life your way* is more than just marketing speak. It is our ultimate goal and objective. It is the indicator by which we measure success. Together with you, your family and carers, we will brainstorm ideas, trial options, and work in partnership until you are satisfied and living the life you want. Even once your personalised support plan is in place, we will continue to work alongside you as you change and grow, to make sure that your activities and support arrangements continue to meet your evolving interests and needs. It is a dynamic process.

Thirdly, we consider it our responsibility to support you to be in charge. We not only involve you in the process – we make you the central focus of it. We let you direct us in deciding the degree of support you require. Every step of the way, we provide the necessary information so that your decisions are well-informed. And we do this in a way which is accessible for you and easy to understand. We use clear language and replace the jargon. We break down procedures into manageable steps. We empower you to take command of your life. If there's anything that's unclear, we will take the time to explain.

Like all worthwhile journeys, all this takes time. It can take over a year from first signing up with us to establish your own program of personalised support. After all, living the life you want doesn't happen overnight. It takes proper planning and preparation. It takes thorough exploration. It takes time to truly understand who you are and what you want. And it takes time to build relationships that can support you.

The outcome of this journey is a fulfilling life based on *your* choices. We believe you will find this journey meaningful, exhilarating, and well worth the effort.

So turn the page and take the first step in your Inclusion Melbourne journey. We look forward to supporting you and your desire to live life your way.

we will support you to achieve your life's goals!



it's all about you

personalised supports in your community

1

Week 2 : The Journey Begins

understanding you

Once you start, the first thing we want to do is get to know as much about you as we can. We encourage you to involve people in your life who know you best. What do you like and dislike? What are your dreams and aspirations? What are your strengths and gifts? You may want to take time to reflect on what you really want out of life – and we will take the time to listen. Once you feel we really understand you, then we are ready to plan.



getting to know you

In depth discussion to understand what's best for you.

2

Week 6

planning together

Working together, we will help you build your plan. What activities do you love? What skills do you want to improve? Together we'll come up with ideas and make suggestions. We can discuss opportunities in education, recreation, and community activities. We can look at ways to support you to explore friendships and career options. You'll decide what's right for you. Our goal is to help you to imagine the life you want to live. It's an exciting part of the process and you'll be involved and supported every step of the way.



envisioning your future

Spending time to work out the best options together.

3

3 Months

let's get going

When you feel we understand the life you want, we'll work to bring it to life. We will do all of the research, investigation and coordination. We will work with you, so that you retain full choice and control. We can match you with volunteers who will introduce you to community organisations and help to build friendships. We will create back-up plans, so that you have peace of mind with support arrangements always in place. Most importantly, we will keep working with you until your plan is exactly the way you want it.



partnerships

Working with others in the community to create opportunities for you.

4

6-18 Months

making it happen

Once your personalised support plan is in place, our team continues to work together with you to ensure everything is working the way you want it to. Personalised supports encourage independence and growth, and so we review your plan with you regularly in order to refine and adapt your supports in line with your changing needs. Our goal is to continue to work together with you to increase your self-sufficiency and where possible, to reduce your paid staff over time.



trying it out

Bringing your plan to life.

5

12-18 Months and Beyond...

growing with you

For as long as you choose Inclusion Melbourne, we will continue to be there for you, supporting you every step of your journey as you change, develop and grow. We pride ourselves in our long-term relationships – many of the people we support have given us the privilege of working with them for over twenty years. Over that time, some people have developed many friendships and established ever widening circles of support.



with you all the way

We continue to work together with you for as long as you choose.



"I feel like my needs were really heard."

Lauren